December 2024	
Independence Hall	



December 2024 Independence Hall	Sunday	Monday Tuesd		Thursday Friday	seated agely Saturday
GOLDEN BELL SENIOR LIVING 1639 NE 26th St. Fort Lauderdale, FL 33305 954-563-6232	Mass [AR] 10:30 Walking Club [NT] 11:00 Blessed Sacrament - Communion [AR] 1:15 Knitting With Frances [FL2] 2:00 Musical Matinee [AR] 3:30 Sunday Sports [AR]	with Michael [AR] 3:15 True Crime with Lisa [AR] 4:00 Making Christmas Cards with Nancy [AR] 6:30 Bingo with Jeanne [AR] with Michael [AR] 11:30 Mom's Kitc [out] 2:00 Bananagra [AR] 3:00 Wii Bowling 4:00 Bible Study 8 Scott [FL 4:00 Katys Bool "Christmas by Sophie	with Workout with Andrea [AR] 11:00 Heathy Bites with Andrea [AR] 11:00 Growing Herbs with Mary Ann - Sign Up at Front Desk [AR] With Paulette 2:00 Blackjack with Katy [AR] 3:00 Happy Hour - Wine	10:00 Mini Manicures with Andrea [AR] 11:00 Crafty Creations with Andrea [AR] 11:00 Crafty Creations with Andrea [AR] 11:00 Crafty Creations with Andrea [AR]	O'Hara [AR] 3:15 W Wii Bowling Practice [AR] 6:30 Saturday Night at the Movies - "Maria" - NetFlix [AR]
Connect Contribute Grow Move Reflect	Mass [AR] 10:30 Walking Club [NT] 11:00 Blessed Sacrament - Communion [AR] 1:15 Knitting With Frances [FL2] 2:00 Musical Matinee [AR] 3:30 Sunday Sports [AR] 6:30 Top 10 NetFlix	3:15 Ann - Sign Desk [AR] 4:00 Ann - Sign Desk [AR] 4:00 Ann - Making Christmas Cards with Nancy [AR] 6:30 Bingo with Jeanne [AR] Ann - Sign Desk [AR] 2:00 And Resident C [AR] 3:00 And Wii Bowling Ann - Sign Desk [AR] 4:00 And Resident C [AR]	with Workout with Andrea [AR] itions with [a] erbs with Mary Up at Front ouncil Meeting [a] G League [AR] with Paulette 2] Workout with Andrea [AR] 11:00 Coping with the Holidays" Discussion with Conny [AR] 2:00 Blackjack with Katy [AR]	10:00 Mini Manicures with Andrea [AR] 11:00 Crafty Creations with Andrea [AR] 12:30 Coral Ridge Mall Trip [OUT] 2:00 Shuffleboard with Katy [AR] 3:00 Knitting with Frances [FL2] 3:00 Mini Manicures with Andrea [AR] 10:45 Mindful Meditation [AR] 11:00 Yummy Sips with Andrea [AR] 11:30 Jeopardy with Katy [AR] 3:00 Happy Hour with Michael Gayer! [AR] 4:00 Karaoke with Samantha! [AR] 4:00 Activities room closed [AR]	Christ 2:30
Location Keys Activities Room AF Community Outing OUT Courtyard CY Fitness Room FF Flamingo Lounge (2nd Floor) Lobby Lounge LOE Nature Trail NT	Mass [AR] 10:30 Walking Club [NT] 11:00 Blessed Sacrament - Communion [AR] 1:15 Knitting With Frances [FL2] 2:00 Musical Matinee [AR] 3:30 Sunday Sports [AR] 6:30 Top 10 NetFlix Movie - Your Choice [AR]	3:30 Name That Tune with Michael - temporary time slot [AR] 4:30 Westminster Academy Christmas Caroling Visit [LOB] 6:20 Page 12:30 Name That Tune with Michael - temporary time slot [AR] 3:00 Will Bowling 4:00 Will Bowling Will Bowling 4:00 Will Bowling Will Bowli	with Workout with Andrea [AR] Itions with Andrea [AR] Ins with Katy Andrea [AR] Itions with Andrea [AR] Itions with Belack with Belack with Katy [AR] Itions with Belack with Wather and with Belack with Katy [AR] Itions with Andrea [AR] Itions with Belack with Belack with Katy [AR] Itions with Andrea [AR] Itions with Andrea [AR] Itions with Andrea [AR]	10:00 Fitness Clinic with Angel [FR] 10:00 Mini Manicures with Andrea [AR] 11:00 Crafty Creations with Andrea [AR] 12:30 MalMart Trip [OUT] 2:00 Mini Manicures With Katy [AR] 3:00 Malmart Trip [OUT] 3:00 Malmart Trip [OUT] 4:00 Malmart Ma	10:15 Calvary Chapel Service [AR] 10:30 Milking Club [AR] 2:00 Bingo with Jeanne [AR] 3:15 Rummikub with Pat O'Hara [AR] 3:15 Wii Bowling Practice [AR] 6:30 Saturday Night at the Movies - "A Boy

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32
GOLDEN BELL SENIOR LIVING

1639 NE 26th St. Fort Lauderdale, FL 33305 954-563-6232

- Reflect

10:30 🤐	Televised 22 Mass [AR]	10:00 🦀	Boxing with Angel [AR]
10.20		11.00 🐠	Dominoes [AR]
	Walking Club [NT]		
11:00 😃	Blessed Sacrament	12:45 🍩	Growing Herbs with
	- Communion [AR]		Mary Ann - Sign Up a
1.15 🙌	Knitting With		Front Desk [AR]
1.10 👓	Frances [FL2]	2:00 🦀	New Golfing Club on
0.00			Wii [AR]
2:00 🤐	Musical Matinee	3:15 🦀	"A Man on the Inside'
	[AR]		with Katy (NetFlix)
3:30 🤐	Sunday Sports [AR]		[AR]

Sunday

[AR]

Televised

10:30 & Walking Club [NT]

1:15 & Knitting With

[AR]

6:30 🦀 Top 10 NetFlix

[AR]

Mass [AR]

Blessed Sacrament

- Communion [AR]

Frances [FL2]

Musical Matinee

Sunday Sports [AR]

Movie - Your Choice

10:30 🦀

Top 10 NetFlix 4:00 Making Christmas Movie - Your Choice Cards with Nancy [AR] Bingo with Jeanne [AR]

Boxing with

Dominoes [AR]

New Golfing Club

Inside" with Katv

Cards with Nancy

Bingo with Jeanne

(NetFlix) [AR]

4:00 Making Christmas

Angel [AR]

on Wii [AR]

3:15 & "A Man on the

10:00

6:30

Monday

- Chair Yoga & Meditation with Andrea [AR]
- 11:00 🕸 Crafty Creations with Andrea [AR]
- Bananagrams with Katy [AR] 3:00 Wii Bowling League
- [AR] 4:00 Bible Study with Paulette & Scott [FL2]
- Katy's Book Club -"Christmas Shopaholic" by Sophie Kinsella - NO **BOOK NEEDED TO** JOIN [CY]

- Wednesday 24 Hanukkah Begins
 - Fitness Clinic 26 25 10:00 with Angel [FR] 10:00 🦀 Mini Manicures
 - with Andrea [AR] 11:00 & Crafty Creations

Thursdav

- with Andrea [AR] 12:30 🦀 Aldi's Trip [OUT]
- Shuffleboard with 2:00 🦀 Katy [AR] 3:00 & Knitting with
- Frances [FL2] 3:00 Wii Bowling League
- [AR] 4:00 🦀 Volleyball with Katy

Year.

10:00 Tai Chi with 10:15 🤐 Andrea [AR] 10:45 🦀 Mindful Meditation 11:00 & Yummy Sips with Andrea [AR] 11:30 🦀 Flower Arranging [AR] 1:30
Jeopardy with Katy [AR] 3:00 Happy Hour Birthday Celebration with Edv DeMarco! [AR]

Friday

- 4:00 Karaoke with Samantha! [AR]
 - Lighting Chabbat Candles with Carolyn [FL2]
- Chapel Service [AR] 10:30 🦀 Walking Club [AR] Bingo with Jeanne 2:00 & [AR] 3:15 4 Rummikub with Pat O'Hara [AR]

Saturday

Calvary

- Wii Bowling 3:15 🦀 Practice [AR] 6:30 4
- Saturday Night at the Movies -"Woman of the Hour" - NetFlix [AR]

- **Connect**
- Contribute
- Grow
- Move

- 10:00 Chair Yoga with Andrea [AR]
- 10:45 Mindful Meditation [AR]
- 11:00 🕸 Crafty Creations with Andrea [AR]
- 2:00 Bananagrams with Katy [AR]
- 3:00 & Countdown to 2025 Party! [AR]

Wishing you a joyous Holiday season and a happy and peaceful New

Resident Birthdays

Steven L. 12/6 David S. 12/11 Gerald U. 12/12

Location Keys

Activities Room AR OUT **Community Outing** Courtyard CY Fitness Room FR Flamingo Lounge (2nd Floor) FL2 LOB Lobby Lounge Nature Trail NT





